



SAFETY BAG TAGS

SECURITY, SAFETY & CONFIDENCE FOR ALL CHILDREN IN OUR COMMUNITY



YOUR
SAFETY
BAG MATE



KNOW YOU ARE
NEVER ALONE, NO
MATTER WHAT YOU
ARE EXPERIENCING
IN YOUR LIFE.

**There is someone to talk to
who will understand YOU, no
matter what you are
experiencing in your life.**

**Everybody is different and is
dealing with different
challenges in their life.
Never be afraid to ask for
help for yourself or for
someone else.**

**You can take action to
change how you are FEELING
or help a FRIEND.**

Are you in danger now?

**If you or someone you
are with, or love, is in
danger now please call:**

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Kids Helpline 1800 55 1800

Lifeline 13 11 14



**The phone numbers above are
numbers that you can call to
talk about absolutely anything
that is concerning you, or that
is on your mind.**

24 hours a day, 7 days a week.

SCHOOL PHONE NUMBER

() _____

GUIDANCE COUNSELLOR

Year 7 _____

Year 8 _____

Year 9 _____

Year 10 _____

Year 11 _____

Year 12 _____

STAND UP FOR YOUR PEERS



Phone Numbers in **this colour (below)** are available 24 hours, 7 days a week!

**ANXIETY, DEPRESSION, SUICIDAL
THOUGHTS, BULLYING, CYBER BULLYING**

Youth Beyond Blue 1300 224 636

Headspace 1800 650 890

RELATIONSHIPS

Relationships Australia

1300 364 277

QLife- LGBTI 1800 184 572

SEXUAL ASSAULT

1800 RESPECT 1800 737 732

Sexual Assault Helpline

1800 010 120

Bravehearts Info & Support Line

1800 272 831

DRUGS & ALCOHOL

Alcohol & Drug Foundation

1300 858 584

Alcohol & Drug Information Service

1800 177 833

BODY IMAGE

The Butterfly Foundation

1800 334 673

DOMESTIC VIOLENCE

DV Connect 1800 811 811

FAMILY SEPARATION/DIVORCE

Family Relationship Advice Line

1800 050 321

LOSS

GriefLine 1300 845 745

All numbers available; scan below.



HOME PHONE NUMBERS:

WEBCCHAT - available 24/7



**CRISIS CHAT -
available 12PM - 2AM**





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PROUDLY BROUGHT TO YOU
BY NEIGHBOURHOOD WATCH
THE GAP®



AND

Rotary
Club of
Ashgrove/The Gap



ROTARY CLUB OF
ASHGROVE /THE GAP



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www.safetybagtags.org.au



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safetybagtags@gmail.com