



SAFETY BAG TAGS

SECURITY, SAFETY & CONFIDENCE FOR ALL CHILDREN IN OUR COMMUNITY



YOUR
SAFETY
BAG MATE



KNOW YOU ARE
NEVER ALONE, NO
MATTER WHAT YOU
ARE EXPERIENCING
IN YOUR LIFE.



There is someone to talk to who will understand YOU, no matter what you are experiencing in your life.

Everybody is different and is dealing with different challenges in their life. Never be afraid to ask for help for yourself or for someone else.

You can take action to change how you are FEELING or help a FRIEND.

Are you in danger now?

**If you or someone you
are with, or love, is in
danger now please call:**

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Kids Helpline 1800 55 1800

Lifeline 13 11 14



**The phone numbers above are
numbers that you can call to
talk about absolutely anything
that is concerning you, or that
is on your mind.**

24 hours a day, 7 days a week.

Some of the many things you can call about.

♥ BULLYING or cyber bullying

♥ Feeling LONELY or ALONE

♥ If someone is hurting YOU or your LOVED ONE

♥ If someone is making you feel UNCOMFORTABLE

♥ If you feel really SAD



♥ If you are SCARED of someone

♥ If someone is being ROUGH or VIOLENT with you, or someone you love

♥ If you are having trouble making FRIENDS or fights with FRIENDS

Some of the many things you can call about.

♥ If you feel DIFFERENT

♥ If you aren't sure if someone you are talking to in real life or online is TRUSTWORTHY

♥ If someone is making you do things that you don't like or which make you feel UNCOMFORTABLE

♥ If you are FEELING DOWN about how you look

♥ RELATIONSHIPS

♥ If your parents are getting SEPARATED or DIVORCED and you are UPSET or CONFUSED, or if you LOSE someone you love



NAME:

HOME PHONE NUMBERS:

SCHOOL PHONE NUMBER:

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**PROUDLY BROUGHT TO YOU
BY NEIGHBOURHOOD WATCH
THE GAP®**



AND

Rotary
Club of
Ashgrove/The Gap



**ROTARY CLUB OF
ASHGROVE /THE GAP**

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